

SUPER FLAT/INCLINE /DECLINE BENCH

CF-3165



FEATURES

- Seven back pad positions adjust from -15°, 0°, 15°, 30°, 45°, 60° and 80° to accommodate flat, incline and decline bench exercises
- Gas-shock assisted seat easily adjusts into five seat positions for varying user heights
- Thermoplastic polyurethane covers for back pad adjusters to reduce wear
- Self-aligning roller pads provide leg support during exercises
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage

SPECS

- Product Dimensions L x W x H:
57.00" (145 cm) x 33.00" (84 cm) x 20.00" (51 cm)
- Product Weight: 121 lbs (55 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)