# **FT1** Functional Trainer





Assembled Weight 725 lbs / 329 kgs Shipping Weight 613 lbs / 278 kgs

#### Dimensions

W - 54 in L - 46 in (83 in with optional bench) H - 82 in

W - 138 cm L - 117 cm (211 cm with optional bench) H - 209 cm

#### Warranties

Residential: Limited Lifetime Light Commercial: Limited Lifetime Frame, 10y Parts



### Loaded Yet Compact

One of the industry's smallest footprints in a full Functional Trainer



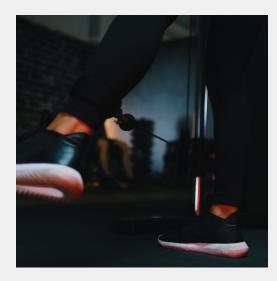
## **Isolate Each Pulley**

Two weight stacks & inventive engineering allow for independent movements



#### **Complete Freedom**

30 swivel pulley positions provide movement in any direction for unrestricted exercises



Frame - Heavy-duty rectangular steel, matte black

**Included Accessories -** Triceps Rope, 2 x Rubber D Handles, Straight Bar, EZ Curl Bar, Ankle Strap, Multi-Function Belt, Sport Handle, 2 x 5 lbs Add-On Weights, & Exercise Booklet

**Optional Add Ons -** 2 x 50 lbs (107.5 lbs max per pulley), Bench, Preacher Curl Attachment, Ab Bar

Weight Stacks - 2 x 165 lbs (75 kgs) (2:1 ratio for 82.5 lbs per pulley, 85 lbs with 5 lbs Add-On Weights)