





**Assembled Weight** 

400 lbs / 182 kgs

**Shipping Weight** 

414 lbs / 188 kgs

#### **Dimensions**

W - 49 in (79 in with optional leg press)

L - 65 in (72 in with optional leg press)

H - 78 in

W - 125 cm (201 cm with optional leg press)

L - 165 cm (183 cm with optional leg press)

H - 199 cm

#### Residential

Limited Lifetime

### **Light Commercial Warranty**

Limited Lifetime frame, 10y parts



## **Total Body Machine**

Legs, arms, chest & back all in one powerful machine



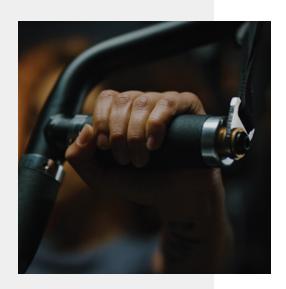
### **Ergonomic Design**

Intended to mimic your natural path of motion for safety & comfort



# **Compact Engineering**

It's a whole gym, in one, that fits in any corner of your gym or home



Frame - Heavy-duty steel, Matte Black, & Chrome

Weight Stack - 165 lbs (75 kgs)

Included Accessories - Revolving Lat Bar, EZ Curl Bar, Ankle Strap, Extension Chain, & 2 x D Handles

**Resistance Ratios -** Mid & Lower pulleys 2:1, Lat/Upper pulley 1:1, Leg Ext 1:1, Seated Leg Curl 4:3, Leg Press 1:2, Press Arm 2:1.2