



## Total Body Machine

Try more than 100 different types of exercises, with 1 efficient tool



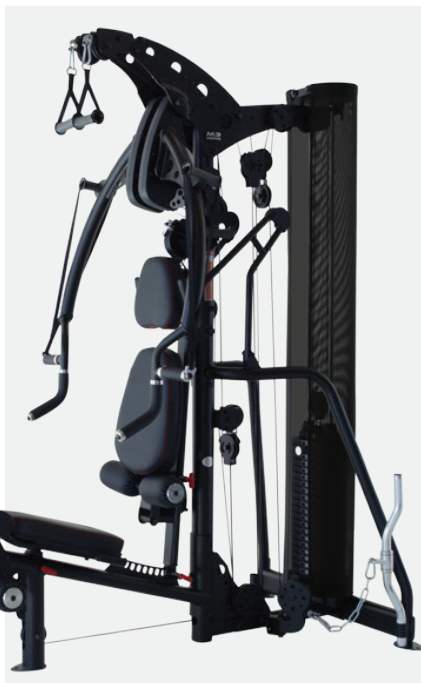
## Built-in Crunch Bench

The patented seated crunch station is a one of a kind integration



## Independent Press Arms

Work both arms at once, or individually with the unique press arm design



**Frame** - Heavy-duty steel, matte black

**Weight Stacks** - 215 lbs (98 kgs)

**Press Arm Pivot Points** - 1½" precision steel ball bearings

**Included Accessories** - EZ Curl Bar, Ankle Strap, Extension Chain, & 4 x D Handles

**Available Add-Ons** - Leg Press, Tricep Rope, Abdominal Bar, Multi-Ring D Handles, Double D Low Row Handle, Sport Handle

**Resistance Ratio** - High, Mid & Lower pulleys 1:2, Leg Ext 1:1, Leg Curl 3:4, Leg Press 2:1, Press Arm 1.2:2

## Weight

523 lbs / 238 kgs

## Dimensions

W - 40 in (74 in with optional leg press)

L - 73 in

H - 84 in (Max)

W - 102 cm (188 cm with optional leg press)

H - 186 cm

L - 214 cm

## Light Commercial Warranty

Limited lifetime on frame & 10y parts

