



# PRO 32 & Pro 50

Pro 32 (4 - 32 lbs)

Pro 50 (5 - 50 lbs)

PowerBlock optimizes your space, budget, and workouts by supplying the world's most reliable quick-change, adjustable dumbbells and accessories.

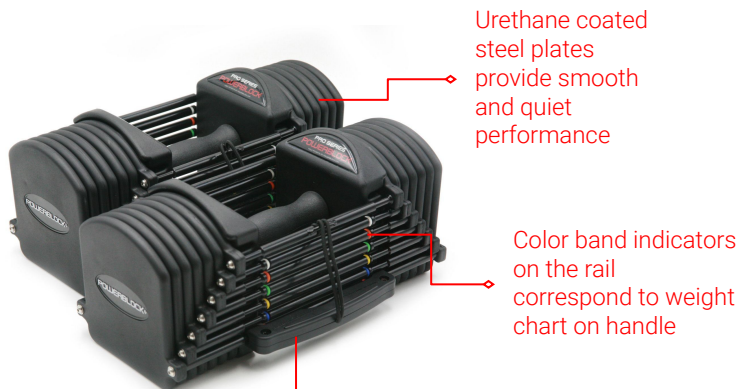
Compact just 12" in length at 32 lbs; 13" at 50 lbs

Space Saving replaces up 19 pairs of traditional dumbbells

Quick & Easy Adjustability no tray or cradle needed to change weight

Versatile Pro 50 compatible with Kettlebell Handle, Pro EZ Curl Bar, and Straight Barbell attachments

Trusted by beginners, fitness enthusiasts and elite athletes for 30 years



Urethane coated steel plates provide smooth and quiet performance

Color band indicators on the rail correspond to weight chart on handle

Magnetic pin slides in for quick and simple weight adjustments

Auto-Lock secures 2.5 lb adder weights.

Open concept handle for excellent range of motion

Contoured TPR Grip adds great control and ergonomics



	Pro 32	Pro 50
UPC	181381000800	181381000091
PN	505-00120-01	504-00110-01
Weight Range	4 - 32 lbs 1.8kg - 14.5kg	5 - 50 lbs 2.2kg - 22.6kg
Replaces Dumbbells	4, 8, 12, 16, 20, 24, 28, 32	5, 7.5, 10, 12.5, 15, 17.5, 20, 22.5, 25, 27.5, 30, 32.5, 35, 37.5, 40, 42.5, 45, 47.5, 50
Attachments	Not compatible	Kettlebell Handle, EZ Curl Bar, Straight Barbell
Increments	4 lbs 1.1 kg	2.5 lbs 1.1 kg
Dimensions	12" x 5.75" x 5.5"	13" x 7" x 7.25"
Grip Diameter	Pro 32 1.25" (32 mm) / Pro 50 1.49" (38 mm)	
Grip Length	4.88" (12.39 cm)	
Grip Material	Thermoplastic rubber	
Weight Plates	Urethane coated steel	
Pin	Magnetic polypropylene pin, rated for 500 lbs.	
Warranty	5 Years	
Shipping	Sold in pairs. Ships in 2 boxes.	Sold in pairs. Ships in 2 boxes.