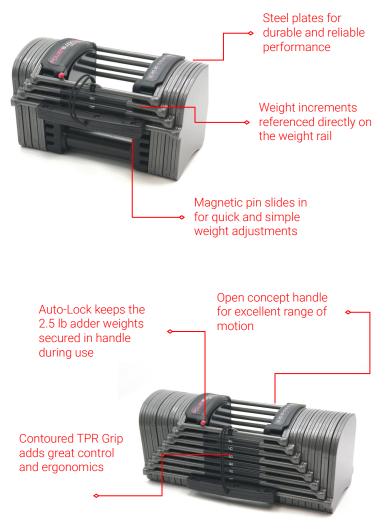


PowerBlock optimizes your space, budget, and workouts by supplying the world's most reliable quick-change, adjustable dumbbells and accessories.



Compact just 12" L x 6.5" W x 6.5" at 50 lbs

Expandable up to 90 lbs

Portable replaces up to 27 pairs of traditional dumbbells

Quick & Easy Adjustability no tray or cradle needed to change weight

Trusted by beginners, fitness enthusiasts, and elite athletes for 30 years

| | Sport EXP Stage 1 | Sport EXP Stage 2 Kit | Sport EXP Stage 3 Kit |
|-----------------------|--|---------------------------------|-------------------------------|
| UPC | 181381000138 | 181381000145 | 181381000183 |
| PN | 503-00186-01 | 503-00648-01 | 503-00649-01 |
| Weight Range | 5 - 50 lbs 2.2 - 22.7 kg | 50 - 70 lbs 22.68 - 31.75 kg | 70 - 90 lbs 31.75.kg |
| Replaces Dumbbells | 5, 7.5, 10, 15, 17.5, 20, 25, 27.5, 30, 35, 37.5, 40, 45, 47.5, 50 | 55, 57.5, 60, 65, 67.5, 70 | 75, 77.5, 80, 85, 87.5, 90 |
| Increments | 2.5 lbs 1.1 kg | 2.5 lbs 1.1 kg | 2.5 lbs 1.1 kg |
| Dimensions | 12" L x 6.5" W x 6.5" H | 14" x 6.5" x 6.5" | 17" x 6.5" x 6.5" |
| Grip Diameter | 1.49" (38 mm) | | |
| Grip Length | 4.88" (12.39 cm) | | |
| Grip Material | Thermoplastic rubber | | |
| Weight Plates | Powder coated steel | | |
| Pin | Magnetic polypropylene pin, rated for 500 lbs. | | |
| Warranty | 5 Years | | |
| Shipping | Sold in pairs. Ships in 2 boxes. | | |