



# XRW600 ROWER



Folded View

The XRW600 Rower provides an unparalleled full-body workout with a convenient fold-up frame design. The large blue backlit console with height and angle adjustment includes motivating programs to keep you involved, inspired, and reaching your goals. Performance is top-of-the-class with a smooth-action aluminum monorail, industrial-strength handle strap, flex pedals with easy-adjustment, and the combination of both air and magnetic resistance (16 levels) for an exercise experience second to none.

## FEATURES

- Fold-up frame design for easy storage
- Ergonomic rowing handle is contoured and padded for superior feel and comfort
- 20" frame height gets you on and off the rower with ease
- Large 5.5" blue backlit display with easy-touch console buttons
- Air and magnetic resistance (16 levels) for smooth operation
- Ten effective programs offer a wide variety of workouts
- Built-in HR receiver (chest strap sold separately)
- Solid steel frame with smooth aluminum monorail
- Flex pedals with easy-adjust numbered settings
- Adjustable console angle and height for the perfect viewing angle



## EQUIPMENT SPECIFICATIONS

|                 |   |
|-----------------|---|
| Console         | 5.5" Blue Backlit LCD, Adjustable Console Angle and Height  |
| Programs        | Manual, Distance, Time, Calories, 20/10 Interval, 10/20 Interval, Custom Interval, Fat Burn, Cardio, Strength, Game |
| Heart Rate      | Telemetric (Chest strap sold separately)  |
| Resistance      | Air and Magnetic (16 Levels)  |
| Power           | Plug-In   |
| Handle          | Angled and Padded for Comfort, 80.7" Travel Length  |
| Seat            | Contoured and Padded  |
| Foot Rests      | Flex Pedals, Adjustable w/Numbered Sizing   |
| Frame           | High-Strength Steel w/Durable Powder-Coat Paint; Aluminum Monorail  |
| Frame Height    | 20"   |
| Monorail        | 39.4" Travel Distance, 54" Overall Length   |
| Dimensions      | 97" L x 18" W x 38" H   |
| Folded          | 52.5" L x 18" W x 62" H (no tools required)   |
| Product Weight  | 81 lb   |
| Max User Weight | 350 lb  |

## WARRANTY INFORMATION

Ver 3.0

Residential Warranty: Frame: Lifetime, Parts: 10 years, Labor: 1 year