

# 7.0 AT | STUDIO SERIES



Works with live and on-demand fitness classes!

## POWERFUL RUNNING TREADMILL

Bring the studio experience home with the powerful and durable 7.0 AT. Simply connect your phone or tablet via Bluetooth and stream media through the integrated speakers. Easily keep pace with your favorite running classes using convenient QuickDial controls and one touch interval keys. And you'll never fall out of step again, thanks to the RapidSync™ drive system that takes you from walking to running faster than any other treadmill in its class.

\*Tablet and subscriptions not included.



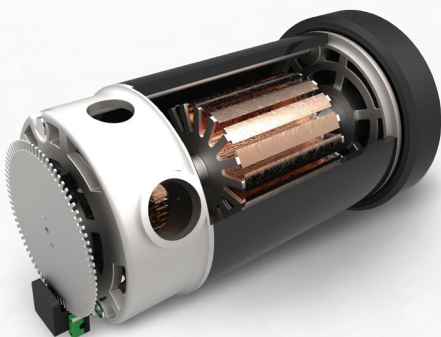
TREADMILL SPECS	
FRAME	FeatherLight Folding
RUNNING AREA	51 cm x 152 cm / 20" x 60"
CUSHIONING	Variable Response Cushioning
MOTOR	3.0 HP with Rapid Sync Technology
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12 mph
INCLINE RANGE	0 – 15%
DIMENSIONS (L x W x H)	194 x 91 x 150 cm / 76.5" x 36" x 59"
PRODUCT WEIGHT	115 kg / 253 lbs.
USER WEIGHT CAPACITY	147 kg / 325 lbs.

CONSOLE SPECS	
DISPLAY	16 Digit Alphanumeric LED 7" LCD Screen + AFG APP on tablet
CONNECTIVITY	Bluetooth 4.0 Multi-channel + Bluetooth Audio
WORKOUT FEEDBACK	Time, Distance, Calories, Speed, Incline, Heart Rate
PROGRAMS	8 - (Manual, Fat Burn, Hill Climb, My First 5K, Distance, Heart Rate, Calories, Custom)
HEART RATE	Contact Hand Grips, Bluetooth 4.0 Compatible Receiver
EXTRAS	Bluetooth Speakers, Fan, USB Charging (1A/5V), Speed & Incline Quick Dial Controls, Energy Saver Mode, Accessory Tray, Audio In/Out Jack, Multi-Position Tablet Holders, Media Controls, Custom Interval Keys

**33% FASTER**  
SPEED & INCLINE CHANGES

### RAPID SYNC MOTOR ADVANTAGE

Perfect for HIIT workouts, Johnson motors featuring Rapid Sync Technology respond to changes in speed and incline faster than traditional home treadmill drive systems. With no lags or delays between interval changes, you'll never fall out of step with your fast-paced workout class again.



### CONVENIENT QUICKDIAL CONTROLS

Make swift changes to speed and incline without breaking your stride with QuickDial controls. On the right, roll the dial forward to increase speed and roll it back to decrease speed. On the left, roll it forward to go up the hill and roll it back to come back down.

