



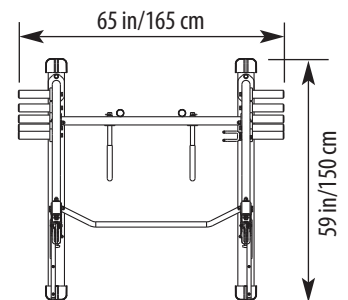
Half Cage | CHR-500

- 7° slant design allows easier loading and unloading of weight bar and freedom of body movement.
- Half rack system with integrated safety stoppers, built-in chinning bar, dip handles, Olympic bar holder and weight plate storage.
- Open frame design supports use of benches, stability balls, balance boards, Bosu trainers and ground base exercises.
- Spring assist Swing Lock J-Hook (U.S. Patent) design engineered for safety and sturdy lock.
- Fully adjustable 16-inch bar stoppers designed for take-off position and safety stoppers.
- Maximum weight: 600 lb/272 kg

Olympic bar and weight plates not included



Traditional and bodyweight exercises



Height: 84 in/213 cm
Wt: 235 lb/107 kg



Point camera and tap on code