

EVOLUTION SERIES

Olympic Bench | COB-400

- Heavy weight flat press bench with built-in adjustable safety stoppers.
- 7-gauge nickel plated steel triple gun rack allows multiple racking height options.
- Adjustable safety stoppers can be positioned at optimum height to achieve full range of motion during exercise.
- Maximum weight: 800 lbs.
- Bench height: 17-3/8"
Pad length: 48" width: 9-1/2"

LWH: 49 x 51 x 51 in/124 x 130 x 130 cm

WT: 130 lb/59 kg

Olympic bar, weight plates and spring collar not included.

Point camera
and tap on code



Seated Arm Curl Bench | CAC-365

- Large contoured arm support pad offers multiple angles for additional training options.
- Arm pad is height adjustable and can be converted into lower back pad for utility seat exercises.
- Padded bar cradles protect paint finish from scratches and chipping.
- Maximum weight: 400 lbs.

LWH: 44 x 28 x 40 in/112 x 71 x 102 cm

WT: 75 lb/34 kg

Olympic bar, weight plates and spring collar not included.

Point camera
and tap on code



Flat Bench | CFB-305

- Designed for heavy dumbbell workouts and general bench exercises.
- Heavyweight construction yet compact and moveable.
- Built-in wheels for easy roll-away.
- Maximum weight: 400 lbs.

LWH: 56 x 27 x 18 in/142 x 69 x 46 cm

WT: 50 lb/23 kg

Point camera
and tap on code

