



EXM3000LPS

Body-Solid - Selectorized Multi-Station Gym

Optional Attachments:

VKR30
Vertical Knee Raise Attachment

Weight Stack Options:

Two- 210 lb. stacks



EXM3000LPS Selectorized Multi-Station Gym

If maximum strength and a weight room full of workout options is what you want in a minimum amount of space, then try the EXM3000LPS on for size. This multi-station workhorse provides health club quality strength training for up to three people simultaneously. The EXM3000LPS features a multi-function Press Arm Station for bench press, incline press, shoulder press and chest supported mid-row exercises. The fully-adjustable Perfect Pec Station with range limiters allows users to achieve deeper muscle penetration for faster, more defined results.

The Leg Press/Calf Press Station operates on a 2 to 1 weight ratio giving the EXM3000LPS the awesome capacity of a 420 lb. leg press! The non-slip, rubber encased foot plate is constructed of heavy-gauge steel for safe operation during the most intense workouts.

Dimensions: 83"H x 91"L x 73"W

Special Features

- Lifetime warranty
- Three stations in one with fully adjustable pads for all size users and full range of motion exercise
- Unique two bar linkage self-aligns the angle of the leg press plate to the user's body
- Perfect Pec Station with dual overhead cams with six increment settings per arm provide variable starting positions
- The Lat Pulldown/High Pulley Station is ideal for increasing size, strength and endurance of your back, shoulder and triceps muscles.