

# FOLDING MULTI-POSITION WORKOUT BENCH

**HF-4145**



## FEATURES

- 5 adjustable back pad positions from -15° to 65° in 20° increments to accommodate incline, flat and decline bench exercises
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage
- Foot pegs provide leg support during exercise
- Folds flat for easy storage
- No assembly required

## SPECS

- Product Dimensions L x W x H  
44.00" (112 cm) x 44.25" (112 cm) x 83.25" (212 cm)
- Product Weight  
150 lbs (68 kg)
- Max Exercise Weight  
400 lbs (181 kg)