



We Change Lives from the Core®

Total Glute™

Complete Glute Training in a Compact Design



ABOUT THE TOTAL GLUTE™

The all-new and patent pending Total Glute™ is a revolutionary way to train all parts of the glute muscles on one machine. Perform a core stabilizing Glute Medius abduction motion with the support of the ergonomic handles. Then move to the platform and use the cable attachments to perform squats, deadlifts and lunges. Maximum versatility in a compact design! The 170 lb weight stack provides a progressive workout for users of all abilities.

Dimensions:

67 x 41 x 58 inches
(170 x 104 x 147 cm)

Unit Weight: 619 lb (281 kg)



1-866-219-5335



www.TheAbsCompany.com

