

R600E RECUMBENT BIKE



COMFORT, CONVENIENCE & ENTERTAINMENT

Our R600E Recumbent Bike combines comfort and convenience with exercise that entertains. A recumbent design with a walk-through frame makes low-impact workouts accessible to everyone and a contoured seat and back pad provide excellent lumbar support and stability. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

EASY ACCESS

A step-through frame makes it easy for anyone from fitness enthusiasts to older and deconditioned users to start their low-impact cardio workout.

BETTER PEDALS

Self-balancing pedals with easily adjustable straps make it easy for anyone to strap in and go.

ACCESSORY TRAY

A convenient accessory tray keeps water or smartphones close at hand.

FRAME

Frame Type	Heavy gauge welded steel, step-through recumbent
Pedal Type	Self-balancing with adjustable straps
Seat Type	Pure Comfort seat
Seat Adjustment	28 positions
Resistance System	2-stage generator
Resistance Range	1-25
Handlebar Type	Console and seat-mounted with contact heart rate grips
Extras	Water bottle holder, reading rack

TECH SPECS

Assembled Dimensions	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4
Assembled Weight	74.5 kg / 164 lbs.
Max User Weight	182 kg / 400 lbs.
Power Requirements	By power adapter; output: 12 V DC, 5 A
Home Warranty	Lifetime frame and generator, 7 years parts, 2 years labor
Commercial Warranty * For Light Commercial Use. Some Limitations Apply.	Lifetime frame, 5 years generator, 5 years parts, 2 years labor

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NOW THERE'S MORE TO SEE You can make your fitness center a highlight of your offering with exercise that entertains. Our new Entertainment Series console will bring people in and keep them coming back with all of their favorite entertainment apps, plus exclusive HD destination footage, HIIT programs, optional live TV and more. Users can even mirror their own devices to stream whatever moves them.



POPULAR ENTERTAINMENT APPS

We've integrated the most popular streaming entertainment apps in a familiar tablet-style interface, so it's easy for anyone to log in to their personal accounts and enjoy their favorite music, movies, shows and books while their workout flies by.¹



BLUETOOTH COMPATIBLE

Bluetooth compatibility makes it easy for users to connect their devices. Now they can enjoy the music and shows that motivate them on their favorite headphones and check their progress with heart rate trackers, all totally wire-free.



SPRINT 8®

An immersive version of our exclusive Sprint 8 HIIT program stimulates natural human growth hormone to burn more fat and build lean muscle in short 20-minute workouts that anyone can fit into their schedule.



CONNECT & STREAM

A built-in HDMI™ port lets your people connect Android and iOS devices and mirror their own screen. That means they can bring along their favorite playlists, movies and shows, or even browse their favorite social media feeds while they work out.²



VIRTUAL ACTIVE™

Virtual Active programming transports exercise enthusiasts to exotic locales with forward-motion, high-definition footage that speeds up or slows down to match their pace and resistance or incline that varies to match the terrain. Includes virtual coaching and 16 courses.



OPTIONAL LIVE TV

Our optional TV tuner lets all the people you serve enjoy their favorite shows, sports and live news while they sweat. It's Pro:Idiom encrypted to protect content providers from piracy, and it's easy to add by simply removing two bolts from the quick-release service panel.

CONSOLE	
Display	16" class capacitive touchscreen LCD
Programs	Go, manual, Sprint 8, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts, time goal, distance goal, calorie goal, fitness tests, custom
Workout Feedback	Time, Distance, Speed, Level, Calories, METs, Target HR, Actual HR, Profile
Heart Rate	Contact, telemetric & Bluetooth HR
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
HDMI IN Port	Yes; screen cast of smart devices which support HDMI out to console
CSAFE	Yes
Analog TV	Optional; NTSC, PAL, SECAM
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
Pro:Idiom Compatibility	Optional; via coax
WiFi	Yes
USB Port	Yes; device charging, device media, software updates

¹ Apps vary by market and subject to change. App subscriptions not included.

² Devices and HDMI cable not included. The terms HDMI, HDMI High Definition Multimedia Interface, and the HDMI Logo are trademarks or registered trademarks of HDMI Licensing Administrator, Inc.