



## R60 Recumbent Bike

Discover an ideal mix of exercise comfort and convenience with the R60. A recumbent design with a walk-through frame makes low-impact workouts accessible to everyone and a contoured seat and back pad provide excellent lumbar support and stability.



### Warranty

<b>Home Warranty - Frame</b>	Lifetime
<b>Home Warranty - Generator</b>	Lifetime
<b>Home Warranty - Parts</b>	7 Years
<b>Home Warranty - Labor</b>	2 Years
<b>Light Commercial Warranty - Frame</b>	Lifetime
<b>Light Commercial Warranty - Generator</b>	5 Years

## Warranty

<b>Light Commercial Warranty - Parts</b>	5 Years
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<b>Light Commercial Warranty - Labor</b>	2 Years
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## Frame

<b>Frame Type</b>	Heavy-gauge welded steel, recumbent
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<b>Pedal Type</b>	Self-balancing with adjustable straps
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<b>Seat Type</b>	Pure Comfort seat
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<b>Seat Adjustment</b>	28 positions
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<b>Resistance System</b>	2-stage generator
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<b>Handlebar Type</b>	Console and seat-mounted with contact heart rate grips
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<b>Extras</b>	Water bottle holder, reading rack
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## Console

<b>Resistance Range</b>	1-25
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<b>Display</b>	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
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## Console

### Workout Feedback

Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile

### Programs

Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, HR Weight Loss, HR Interval

### Heart Rate

Contact grips, wireless receiver

## Tech Specs

### Assembled Dimensions

161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"

### Assembled Weight

70 kg / 154 lbs.

### User Weight Capacity

182 kg / 400 lbs.

### Electrical Requirements

Self-powered

## Extras

### Accessories Tray

Water bottle holder and reading rack