

CONNECTS TO:



SPIRIT

FITBIT*









The Spirit Fitness XS895 Adjustable-Incline Stepper takes your HIIT workouts (High Intensity Interval Training) to a new level. It provides you with an arched incline adjustment that changes not only the stepping incline but also the height. The additional 20 levels of resistance allow users of all fitness levels to maximize this effective lower-body workout. The narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and multi-grip handlebar design combine to give you an incredibly comfortable and space-efficient cardio unit.

FEATURES

- 20 resistance levels and 20 incline adjustments from a 10" step height at 43° to a 14" step height at 60° deliver the ultimate lower-body workout
- 7.5" bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays
- Remote handlebar toggles for both Incline and Resistance allow for fast and easy workout changes without taking your hands off the handlebar pulse grips
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap strap seperately)
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data





EQUIPMENT SPECIFICATIONS

Console 7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet-Friendly Reading Rack,

Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App

Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2 **Programs**

Heart Rate Contact & Telemetric (chest strap sold separately)

Incline 20 Levels (10" Step Height at 43° to 14" Step Height at 60°)

Resistance 20 Levels

Handlebar Toggles Yes (Incline & Resistance)

Flywheel 23 lb

Handle Bars Multi Position Grip - Coated

Foot Pedals 2.4" pedal spacing (Q-Factor), 2-degree inversion, cushioned

Power 120 Volts, 15-Amp Circut Recommended

54" L x 24" W x 68" H **Dimensions**

Product Weight 205 lb Max User Weight 400 lb

WARRANTY INFORMATION

09.07.2022

Residential Warranty: Frame/Brake: Lifetime, Parts: 10 years, Labor: 1 year Commercial Warranty: Frame: Lifetime, Brake: 5 years, Parts: 3 years, Labor: 1 year Prisons and correctional facilities are excluded from warranty coverage.



