

S7100HRT



SMOOTH MOTION AND QUIET OPERATION PROPEL YOU TOWARD YOUR GOALS.

Our compact yet innovative suspension elliptical trainer with incline makes the most of your space and your workout when you want a quiet, maintenance-free and low-impact alternative to walking, running or stair climbing.

SUSPENSION ELLIPTICAL

Frame Type	Suspension Elliptical™ trainer
Variable Stride Length	51-55 cm / 20"-21.5"
Step-on Height	22 cm / 8.5"
Power Incline	18%-37%
Resistance System	ECB magnetic braking system
Resistance Range	1-20
Pedal Type	Oversized with rubber inserts
Handlebar Type	Multi-position dual action, stationary with contact heart rate grips
Extras	Water bottle holder, accessory tray, reading rack
Assembled Dimensions	156 x 76 x 165 cm / 62" x 30" x 65"
Assembled Weight	109 kg / 240 lbs.
User Weight Capacity	148 kg / 325 lbs.
Electrical Requirements	100 - 120v / 50 - 60 Hz
Home Warranty	Lifetime frame, 5-year parts and brake, 2 years labor

CONSOLE

Display	Blue backlit LCD
Workout Feedback	Time, Distance, Calories, Watts, Resistance, Incline, Strides per Minute, Heart Rate, % Max HR, Profile Display
Programs	Sprint 8®; 5 Classic Programs: Manual, Intervals, Fat Burn, Random, Watts; 4 Sculptor Programs: Glute Burn, Calf Toner, Quad Toner, Total Body; 3 HRT® Programs: Target HRT, HRT Hill, HRT Interval; 4 Custom Programs - 17 total
Heart Rate	Contact grips, Polar® wireless receiver and free Polar® chest strap

